## **Instructions**

Measure the length of your palm from the beginning to the end of the middle finger.

(Use a tape measure, you can also print this page and use the CM measure bar on the left.)

SIZE	СМ	IN
SIZE 4	15	5.9
SIZE 5	15.5	6.1
SIZE 6	16	6.3
SIZE 7	17	6.7
SIZE 8	18	7
SIZE 9	19	7.5
SIZE 10	20	7.8
SIZE 11	21	8.2



